

Sarah goes Swimming

Sarah's mum asked if she would like to go swimming.

Sign "swimming"

Sarah packed her towel, swimming costume and talcum powder in her swim bag.

Swim bag with towel and talc in (feel and smell)

Board with lycra texture

"Don't forget your armbands" said Sarah's mum

Armbands

At the swimming pool, Sarah took her purse out and paid the lady at the kiosk. "Two pounds please". Sarah gave the lady the money and she gave her a wristband with a key attached to it.

Wristband with key attached

They got changed into their swimming costumes. There were lots of people and children and it was very noisy.

Swimming Pool CD (sound effects library)

Sarah dived into the water. It was very cold.

Wind up swimmer in bowl of water

While Sarah was swimming, she met her friend Sunita and they splashed around in the water for a while.

Bowl of Water to splash in

Soon it was time to go home and Sarah's mum shouted "Time to go Sarah"

Use voice activator

On the way home, Sarah and her mum stopped and picked some strawberries for tea.

Strawberries to eat

Preparation : Bowl of Water

Strawberries – fresh fruit or yoghurt or icecream.

Written by Jayne England 2007