

Sarah Smith's Communication Passport

This book is intended for regular use to help you understand me and to help us with communication. Please feel free to add pictures, photographs and further sections to help make it a very valuable personal resource. Please check with me first if I want it included in the book.



A bit about me

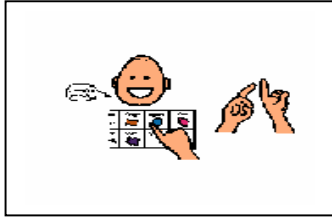
My Name is Sarah Smith

My birthday is on 18th August

I live in Oxford.

**My favourite thing to do is
going out for tea and cake.**

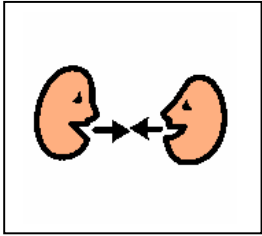
I am a friendly person.



How I communicate

- **I talk a lot.**
- **I sometimes find it hard to listen when I want to say something.**
- **I can get a bit distracted.**





How I like others to communicate with me.

- **I like people to look at me when they talk to me.**



- **I respond well to visual support such as photos and maps.**



- **I like people who give me time to respond when I struggle to say what I want to.**





Things I like to do

I like to watch TV.

I love music.



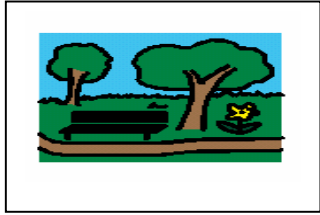
I like to look at books.

I like to visit new places.



I like going outside on a sunny day.

I like playing board games.



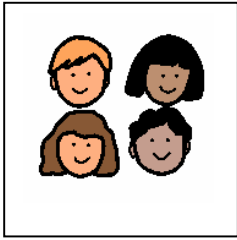
Places I like to go

- I love being near water especially the sea.



- I like going for a walk.
- I like going to the cinema.
- I like going out for lunch.

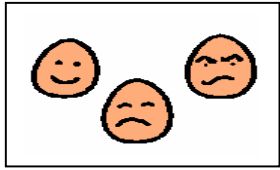




**People who are
important to me**

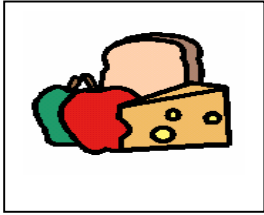
- **My Dad – Trevor**
- **My Mum – Jenny**
- **My brother – Peter**
- **My niece – Emma**
- **My Nephew – James**
- **My friends – Fiona, Mike
Catherine, Sarah, Laura
Jane, Tom and lots more**





How I feel

- **Mostly I am happy.**
- **But sometimes I get grumpy
it's best to leave me alone
when I get grumpy.**



Food

- I love food!
- I love chocolate.
- I like all fruit.
- I like pizza.
- I love broccoli.
- I like cakes.
- I like curries.

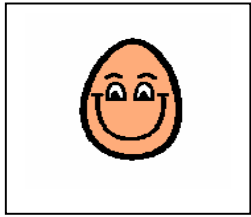




Drink

- I like tea.
- I like coffee.
- I like fruit juices.
- I like hot chocolate.

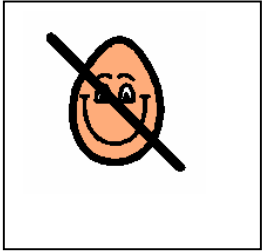




Things I like

- I like photos of my friends and family.
- I like my books.
- I like going in the car

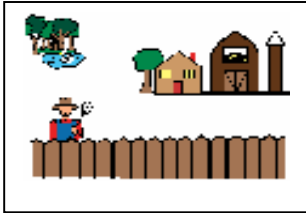




Things I don't like

- Loud, sudden noises.
- People shouting.
- Brussel sprouts.
- Losing things.
- Busy places with too many people.





Places I've been

- France
- Dorset
- The Isle of Wight
- Amsterdam
- Devon
- Canada

